



Heather Stout

Pickleball Professional

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About Me

Hi! I'm Heather, and I've been passionate about Pickleball for six years. I've played at all levels, from beginner to competitive, but I most enjoy the intermediate level as a fun and rewarding pastime. Outside of Pickleball, I've been a teacher for over 30 years, working with special needs children. This has taught me the value of patience, positivity, and building confidence in others—qualities I bring to the court as a coach.

I hold both a bachelor's and a master's degree, and I've raised four amazing children, all while staying active and prioritizing health. Over the years, I've made time for Pickleball, whether meeting friends at 6 AM before work or competing in leagues after hours. Finding time to play is just as important as learning the game, and I understand how to make it fit into busy schedules.

In addition to Pickleball, I'm an avid biker and runner who has completed two full marathons. My diverse athletic experience adds energy, adaptability, and a well-rounded perspective to my coaching style.

Goals

- Master the fundamentals of Pickleball and grow your skills.
- Build strategy and confidence to take your game to the next level.
- Cultivate a love for the game that keeps you active, engaged, and connected with others.

My Coaching Philosophy

I believe Pickleball is more than just a sport; it's a way to stay active, make connections, and have fun. My coaching style is built on patience, positivity, and tailoring lessons to each player's skill level and goals. Whether you're a beginner learning the basics or an intermediate player refining your technique and strategy, I strive to make every session enjoyable, approachable, and rewarding. Whether you're brand-new to the game or looking to level up, I'd love to help you on your Pickleball journey. Together, we'll work on skills, strategy, and most importantly, having a great time on the court.

Why Work With Me?

- Over 30 years of teaching experience, specializing in helping others grow with patience and encouragement.
- Bachelor's and master's degrees supporting my dedication to lifelong learning and coaching.
- Six years of hands-on Pickleball experience across beginner, intermediate, and competitive levels.
- A positive, approachable attitude designed to build confidence and foster success.
- Firsthand understanding of balancing busy schedules while prioritizing fitness and fun.