

Maddie Zubel

Assistant Tennis Professional



Contact Me

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About Me

I'm a senior at St. Charles North high school and have been on the Varsity tennis team for 4 years, qualifying for state doubles my junior and senior year! Being able to play tennis for my school has been my best high school memory, as it has taught me the power of hard work, grit, determination and has given me life long friendships. Playing on a team has taught me the importance of community, and I am thrilled to coach here at NRC and instill those same values in the future generation of players. Next school year (Fall 2025) I will be attending Indiana University to study finance at the Kelley School of Business. When I am not at school, coaching or playing tennis, you can find me hanging out with my friends, spending time with family or working out!

My Coaching Philosophy

For me, coaching players is about teaching them the hows and whys of tennis. When I introduce a new stroke, technique, or strategy, I want players to use that in their game and recognize how it can improve their skills. My goal is for all my players to be curious about why I'm teaching them certain things, which is why I emphasize the reasons behind strokes, even for younger players. Lastly, I want everyone to feel excited about tennis! While I believe in giving constructive criticism, I also love to highlight positive reinforcement when a player is working hard or achieving their goals!

Benefits of Tennis

Tennis is a lifelong sport, which is something that makes me so grateful to have chosen it from a young age. Unlike many other sports, tennis is a sport that many people continue to play throughout their entire life. Whether it be a competitive thing or just a fun activity, tennis will forever remain part of my life. The health benefits of tennis allow me to get amazing sources of exercise while having fun working on myself and letting out energy, or making memories with my friends while on the court.